

breakfast



freshly baked croissants, danish &
pain au chocolat €2.50

freshly baked buttermilk scones with
butter, jam, preserves €2.50

shel's homemade gourmet muffins
€2.95

local probiotic yoghurt with homemade
muesli & berry compote €4.80

toasted bagel with cream cheese
€2.95

crispy rashers on new york bagel w/
spiced tomato chutney & butter €6.50

deluxe bagel
smoked irish salmon on poppy seed bagel
with red onions, capers & cream cheese
€7.00

all day cure bagel
smoked back rasher, sausage, free range
egg, tomato relish & butter €7.00

lunch

soup

chunky lentil & vegetable w/ home-made
brown bread
(gluten free, vegan and low-fat) €5.50

gourmet soup of the day w/ home-made brown
bread €6.00

sandwiches

the club

roast chicken, wicklow brie, crisp bacon, red
onion relish, lettuce, tomato, mayo & butter
€8.50

chicken caesar

roast chicken breast, parmesan, cos lettuce,
caesar dressing & butter €8.00

gourmet veggie

goat's cheese, hummus, roasted red peppers,
black olive tapenade, red onion chutney,
lettuce, butter (V) €8.00

mountaineer

roast turkey, roast ham, swiss cheese, lettuce
tomato, mayo, honey dijon & butter €8.50

holy cow

slow roast beef, caramelised onions, horseradish
mayo, lettuce, tomato & butter €8.50

**all sandwiches are available on your choice of an
authentic new york bagel, gluten free bagel or
gourmet bread**

**all sandwiches are served with mixed greens & house
vinaigrette with hand-cooked crisps**

prices inclusive of 13.5% VAT





lunch

main dishes

creamy fish pie with organic salmon, prawns,
mussels, organic leek & potato topping with
house salad
€13.00

hot special of the day served with choice of two
salads or seasonal vegetable and mash
€13.95

freshly baked tart of the day with mixed leaves
€9.95

terry butterly's award winning smoked salmon
plate with home-made brown bread, lemon,
capers, sliced red onion
€16.95

dessert

sweet apple, walnut and cinnamon cake €4.00

carrot cake with lemon frosting €4.00

coffee & walnut cake €4.00

cookies & treats

chocolate chip cookie €2.00

oatmeal & raisin cookie €2.00

lemon pistachio cookie €2.50

lemon cupcake €2.50

blackberry bakewell €2.75

afghan cookie €3.00

uber rich chocolate brownie €3.00

flourless almond and orange cake €3.00

flourless rich brownies cake €3.50



hot beverages

americano €2.75
espresso €2.75
latte €3.50
cappuccino €3.50
mochaccino €3.75
rich hot chocolate €3.50
tea €2.60
herbal Tea €2.70

cold beverages

smoothies
(strawberry, mango/passionfruit or blueberry/blackberry)
€3.50 sml / €4.50 lg

fresh squeezed orange juice €3.25 sml / €3.95 lg

home-made lemonade €2.75 sml / €3.50 lg

organic minerals (cola, elderflower, cranberry or ginger) €2.50

itsa bagel still mineral water €2.00

pellegrino €2.25

volvic €2.25

volvic flavoured €2.50

